## PPG minutes Thursday 28<sup>th</sup> August 2014

Attended by: Apologies: Guest Speaker: Womenzone.

welcomed and thanked everyone for attending today.

....apologised for the low patient turnout,.... offered to put our information sheet and dates of future meetings on the notice board at the Womenzone Centre

..... introduced womenzone which is situated in Hubert Street Bradford. The aim of Womenzone is to reduce to demand for inappropriate GP appointments by encouraging their members to lead a healthier lifestyle, and improve their social circle. The service is open to all women who can pay to attend Gym/learning facilties and there is a crèche facility that will cater for children over 3 years of age. Those ladies who are referred by their GP can access the services free of charge, they will be given a GP letter to take with them to the first session. This is a wide ranging service and caters for both the mental and physical needs of their users. They also have teamed up with other service providers such as Building Bridges they have qualified Counsellors who go in to provide their services as a single point of care. This approach makes accessing the services less intimidating for those have only a limited social life, it can open up other avenues to improve the overall wellbeing and quality of life of the users. It would be useful to use the Risk Stratification Tool to aid in identifying patients who may be suitable for this service.

...... asked if there were any similar facilities for men in the local area as he feels that he would like to attend something like this.

..... was aware that the Karmand Centre had some kind of facility and held 'men only days' but was not sure how this was managed. .... will attempt to visit this centre and get more information on this.

Carers Resource also provide support for those who care for relatives/friends. Information about this can be found on the internet, Directory Enquiries, GPs surgeries etc.

The minutes from the previous meeting were agreed.

The NHS GP Survey was discussed. They should be completed and returned by post in the envelope provided, alternatively they can be completed and returned on line by 19<sup>th</sup> September. It was felt that people can find them daunting. We will help any patients who ask for assistance with this.

...... felt that the text messaging service was a bit problematic as messages were sent when booking, rebooking, cancelling etc. It was pointed out that it was a tool used to save patients missing their appointments and did seem to be working on the whole, although Dr Akbars service was not working at the moment. Patients could opt out of this service if they wished to do so.

Pharmacy First Minor Ailments Scheme. Boots Barkerend and Barkerend pharmacy were taking part in the scheme and is available to those patients who are suffering with suffering with minor ailments. Patients should ask for a consultation with the Pharmacist who can then issue medication free of charge to those patients who do not pay for their prescriptions. Further information can be found on the internet or your GP Practice.

A.O.B.				
	thanked	for attending a	nd closed th	e meeting.